



Awesome Kids Yoga LLC

Kidding Around Yoga provides an amazing curriculum designed to motivate children to be active, build confidence, and manage the spectrum of emotions that they experience in their day-to-day activities. KAY is stress management for kids! Our Program incorporates cardiovascular conditioning, fun and original music, plus all the traditional benefits of yoga; breathing techniques, peace and deep relaxation in a 14 week course commencing in August 2018. Click CTRL plus link <http://kiddingaroundyoga.com/siobhan/>

Kids Yoga Classes will be offered on Monday- Aug 13, 20, 27. Sep. 10, 17. Oct. 1, 8, 22, 29. Nov. 5, 12, 26. Dec. 3, 10. No Classes on September 3, 24. Oct 15.

Grades K thru 2 at 2:20-3:20

Grades 3 thru 5 at 3:30-4:30

Class sizes are limited. Cost is \$210 per student for full 14 week sessions. Yoga mats provided. Students may bring their own mat if preferred. Payment accepted by check. Please make check Payable to Awesome Kids Yoga LLC

Please enroll my Child in Kids Yoga, Check one **Grade K-2 at 2:20 - 3:20** _____

Grade 3-5 at 3:30 - 4:30 _____

Student Name: First _____ **Last:** _____

Teacher and Grade _____

Parent/Guardian: Mother: _____ **Father:** _____

Phone:(H) _____ **Work** _____ **Mom/Dad**

Cell: _____ **(Mom)** **Cell:** _____ **(Dad)**

Email Address _____

Allergies: _____

Alternate Emergency Contact _____

My Child will be: _____ **Attending ASP** **Picked up in Carpool** _____

***Please note that the car pool students will be admitted to ASP if they are not picked up within 10 minutes of class end.**

Email Registration to Siobhan.dolan@kiddingaroundyoga.com